



## **ARCHULETA COUNTY PUBLIC HEALTH DEPARTMENT**

### **TRANSITIONAL ADVISORY COMMITTEE**

Meetings are conducted in person at the Administration Building located at 398 Lewis Street. Whenever possible, meetings will be broadcast online via Zoom, which can be accessed from a computer or phone with internet access. The Committee does not and cannot guarantee internet service or online broadcasting.

Remote attendance is at the risk of the attendee as public meetings will continue in person regardless of the County's broadcast capability. View the Zoom meeting at: <https://us06web.zoom.us/j/86527731867?pwd=bEY0VWV3eVdpNFF1WklFeCs1NHdCdz09> Meeting ID 865 2773 1867 - Passcode HealthyAC

**CALL TO ORDER THE REGULAR MEETING OF THE COUNTY PUBLIC HEALTH DEPARTMENT TRANSITIONAL ADVISORY COMMITTEE ON APRIL 10, 2023 AT 9:00 A.M.**

**DISCLOSURES AND/OR CONFLICTS OF INTEREST**

**APPROVAL OR ADJUSTMENTS TO AGENDA**

**PUBLIC COMMENTS FROM THE FLOOR**

This is an opportunity during the session for the public to address the Committee. Please complete the Public Comment Request form and hand it to a committee member prior to the beginning of the meeting.

Please keep your comments to three (3) minutes or less. The Committee is not required to discuss or reply to your comment.

**Documents:**

[PUBLIC COMMENT REQUEST FORM.DOCX](#)

**COUNTY MANAGER COMMENTS**

.A. County Manager Comments

County Manager Derek Woodman will update the committee on matters related to the creation of the County Public Health Department.

**CONSENT**

.A. Review And Approve Meeting Minutes From April 3, 2023

Documents:

**NEW BUSINESS**

.A. Discussion Of Questions Posed By Community

Documents:

[RELEVANT HEALTHCARE ACCESS QUESTIONS.PDF](#)

.B. Budget Discussion - John Ranson

.C. Committee Communication Protocols

Discussion on the committee's lines of communication with CDPHE, SJBPH, etc. and to establish better procedures to ensure better communication, avoid duplication, and ensure the committee is following open meeting laws.

**ADDITIONAL COMMITTEE MEMBER COMMENTS**

**ADJOURN THE REGULAR MEETING OF THE COUNTY HEALTH DEPARTMENT  
TRANSITIONAL ADVISORY COMMITTEE**



## Advisory Committee Meeting Request for Public Comment

**(Use this form if you'd like to speak during the PUBLIC  
COMMENT section of the agenda only)**

(Please print clearly)

<b>Date of Meeting</b>	
<b>Full Name</b>	
<b>Full Address</b>	
<b>Phone Number or Email Address</b>	
<b>Topic of Comment</b>	

By completing and signing this form, I acknowledge that I have read and will comply with the Public Hearing/Meeting Rules adopted by the Board of County Commissioners on June 21, 2022, including the following:

- 1) My comments must be limited to 3 minutes.
- 2) No direct response from the Committee is required. In addition, if my comments are unrelated to any item on today's agenda, any response from the Committee is prohibited since the topic is not posted on the agenda and any comment could potentially violate the Colorado Open Meetings Law.
- 3) The length of the public comment period for Advisory Committee meetings will be at the discretion of the person. Therefore, this form does not necessarily guarantee all individuals who complete this form will have the opportunity to be heard during that period.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**ARCHULETA COUNTY PUBLIC HEALTH DEPARTMENT TRANSITIONAL  
ADVISORY COMMITTEE MEETING MINUTES  
April 3, 2023**

The Archuleta County Public Health Department Transitional Advisory Committee held a regular meeting on April 3, 2023. Chairperson Kathy Campbell called the meeting to order at 9:00 a.m., noting committee members Kathy Campbell, Sally Kennedy, Andrea Phillips, John Ranson, Rhonda Webb, Ashley Wilson and Mary Helminski present. Susanne Bryant joined via Zoom.

**Disclosures and/or Conflicts of Interest**

There were none.

**Approval or Adjustments to Agenda**

**Committee Member Sally Kennedy moved to approve the agenda as presented. Committee Member John Ranson seconded the motion and it carried unanimously.**

**Public Comment**

There were none.

**Consent**

- A. Review and Approval of Meeting Minutes from March 27, 2023

**Committee Member Ashley Wilson moved to approve the consent agenda. Committee Member Kathy Campbell seconded the motion and it carried unanimously.**

**County Manager Comments**

- A. A letter from our BoCC is being voted on tomorrow confirming the dissolution.
- B. Staff from both La Plata and Archuleta Counties met virtually with the new Director for Arapahoe County who was heavily involved with the dissolution of Tri-County Public Health District to discuss what worked and what didn't for them.
- C. Discussed the possibility of moving the start date to July 1, 2024 for the new department. Maternal, Child, Adolescent & Family Health – Research Report – Ashley Wilson
- D. The BoCC is voting tomorrow on a resolution to establish the county public health department and a board of health.
- E. Communicable Disease, Prevention, Investigation & Control – Research Report – Sally Kennedy

**Reports**

- A. Access to and Linkage With Health Care – Kathy Campbell and Rhonda Webb
- B. Chronic Disease, Injury Prevention, Behavioral Health Promotion – Kathy Campbell and Rhonda Webb
- C. Environmental Public Health – Andrea Phillips and Susanne Bryant

**New Business**

Suggestions for next steps for the committee.

**Additional Committee Member Comments**

There were none.

The next meeting will be on Monday, April 10, 2023 at 9:00 a.m.

With no further business coming before the committee, Chairperson Campbell adjourned the meeting at 11:29 a.m.

Approved this 10<sup>th</sup> day of April, 2023.

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Kathy Campbell, Chairperson

## Healthcare Access Questions

### Outline of Questionnaires

This document presents the questions included in information gathering conducted by 1) Healthy Archuleta, 2) Pagosa Springs Medical Center, 3) San Juan Basin Public Health, and 4) Aspire during this past year (2022-2023). The below is a selection of questions relevant to Public Health and this committee

### **Healthy Archuleta: Health Equity Assessment Survey Questions for Community Partners and Medical/Mental Health Providers 2022**

Source: Healthy Archuleta

- What types of services do your clients request referrals to?
- How do people typically pay for Primary Care Services?
- Do you refer individuals to any of the following SJBPH services that are offered in Archuleta County? (check all that apply)
- Do you make referrals to non-profits who might provide supportive services for your patients/clients? Yes/No
- Do you think we have Preventive/Primary Care services that can be accessed in a timely manner? Perhaps reword for clients – “Based on the urgency of your health care needs at the time, were you able to make an appointment within a reasonable time? BUT urgency implies that it is not preventive.
- Should we ask a question such as – below is a list of health-related services available in Archuleta county that provide preventive care and/or education. If you did not check any of these services, skip to question #x.
- Check those you have used
  - Do you feel the appointment day and time was within a reasonable period of time to meet your needs?
  - Do you feel that the care provided addressed your needs in an understandable and caring way?
- We might be able to bunch question on dental and mental health care similarly.
- Do you think we have Dental services that can be accessed in a timely manner? · Good question - same issue. “Based on the urgency of your dental health care needs at the time, were you able to make an appointment within a reasonable time?”
- What do you think is missing regarding Preventative (screening) in Archuleta County?
- What do you think is missing **and** the biggest gap regarding food/nutrition security in Archuleta County?

### **Healthy Archuleta: Health Equity Assessment Interview Questions for Community residents 2022**

Source: Healthy Archuleta

Individual Interviews

- Which of these best describes the barriers you face in accessing preventative **or** primary

care services? (Select all that apply)

- Do you get annual check ups from a health care provider/practice group (doctor, nurse)? This is a time when you are not going because you are sick.
  - For the "Yes" Respondents: If you get annual check ups, where did you get this service during the past year? Do you see the same health care provider/practice group annually for your check ups? What are the reasons that you got your annual check ups at this location/provider? What was your experience? Can you elaborate on how you felt, i.e. respected and listened to by your provider? What would you like to see done differently if anything? What motivates you to get these annual check-ups?
  - For the "No" Respondents: If you don't get annual preventative check ups, when was the last time that you got this service? Where did you get the service? What was your experience? What prevents you from getting these annual check-ups?
- In your view, how important are annual check up visits for a person's individual health and wellbeing? (1-4)
- What does it take for you and your family to get or continue to get annual check-ups?
- What alternative services (i.e. such as chiropractic, or massage therapy) do you seek for your preventative health care needs?
- What do you think about public insurance and service programs, i.e. medicaid, WIC, SNAP as a resource for our community members? - Nurse Family Partnership/Safe Care

## **Pagosa Springs Medical Center: Public Engagement Survey Questions 2022**

Source: Pagosa Springs Medical Center

### **Social Determinants of Health**

1. In your opinion, which of the following conditions negatively affect quality of life and health promotion in our community? (check all that apply)  
Transportation issues, Need for assistance with housing, Food insecurity, Need for help with utilities, Interpersonal safety, other

### **Management of High Frequency Chronic Conditions**

2. Have you ever been diagnosed of any of these medical conditions below?  
Hypertension (high blood pressure), Diabetes, Heart Failure, Asthma, COPD (chronic obstructive pulmonary disease)
3. What statement best describes what would prevent you from seeking an annual checkup? (check all that apply)
  - My schedule conflicts with accessibility to clinic appointments.
  - I currently do not have a healthcare provider.
  - Out of pocket costs or lack of insurance coverage.
  - I do not find value in having an annual checkup.

### **Substance Use Disorder**

4. How much of a problem do you feel the opioid crisis is in our local community?

## San Juan Basin Public Health (SJBPH): Health Improvement Survey Questions 2023

Source: San Juan Basin Public Health

- In your own words, what do you believe is the most important health issue facing the residents of your country?
- What is your opinion about the following physical and mental health issues in your community? (Not an Issue, Minor Issue, Moderate Issue, Major Issues, Don't know)
  - Ability to get an appointment to see a medical health care provider for basic health needs
  - Ability to get an appointment to see a medical health care provider who is a specialist
  - Accessibility or Oral Health care (ability to get an appointment for dental health needs)
  - Vaccine-preventable diseases (flu, pneumonia, whooping cough, measles, ect.)
  - COVID-19
  - Sexually Transmitted Diseases (education, testing, and treatment services)
  - Teen Birth Rates/Teen Pregnancy
  - Suicide/Suicide Attempts
  - Substance Use
  - Chronic Diseases (heart disease, cancer, diabetes, obesity, etc.)
  - Environmental Quality (air, water, climate change, food, safety)
- How concerned are you about these other community issues that impact health? (Not an issue, Minor Issue, Moderate Issue, Major Issue, Don't know)
  - High School Graduation Rates
  - Early childhood education/youth development
  - Motor Vehicle Accidents
  - Availability of Exercise or Fitness Opportunities
  - Domestic Violence
  - Sexual Violence
  - Radon in homes
  - Racism
  - Availability of jobs/economic opportunity
  - Support for families with children (day care, safe places to play)
  - Food insecurity (quantity, affordability)
  - Ability to access locally grown food
  - Transportation
  - Affordable Housing
- What is your opinion about the following substance abuse issues in your community?
  - Youth Prescription Drug Use
  - Adult Prescription Drug Use
  - Youth Alcohol Use
  - Adult Alcohol Use
  - Youth Tobacco Use (includes e-cigarettes or vaping)
  - Adult Tobacco Use (includes e-cigarettes or vaping)
  - Youth Marijuana Use
  - Adult Marijuana Use
  - Youth Drug Use (drugs other than marijuana or prescriptions)
  - Adult Drug Use (drugs other than marijuana or prescriptions)
- What is your opinion about the following mental health issues in your community?
  - Access to diagnostic services (testing, screening, assessing, mental health or behavior issues)
  - Access to individual therapy/counseling or support
  - Access to group therapy/counseling or support
  - Access to treatment services using prescription drugs (antidepressants, anti-anxiety)



- medication etc)
- Access to inpatient psychiatric treatment
- Stigma of having or seeking treatment for a mental health condition
- What is your opinion about the following Environmental Health issues in your community?
  - Outdoor Air Pollution
  - Safe/Healthy Housing (including Radon, lead, indoor air quality, rental housing standards)
  - Surface Water Pollution (rivers, lakes)
  - Water Quality (access to/amount of water)
  - Septic Systems (onsite Wastewater Treatment Systems)
  - Drinking Water Quality
  - Communicable Diseases that are NOT Vaccine-Preventable (Hantavirus, Tularemia, West Nile Virus, Plague, Salmonella, E-coli)
  - Communicable Diseases that ARE Vaccine-Preventable (flue, measles, chick pox)
  - Climate Change
  - Food Safety (food from restaurants, markets, deli counters)
  - Sanitation at schools and childcare facilities
  - Solid/Hazardous Waste (landfills, illegal dumping, recycling)
  - Sanitation at body art establishments, swimming pools, hotels/motels

### **Aspire: Program Need Assessment Survey Questions for Caregivers of Children ( ≤5 Years Old) 2023**

Source: Aspire

- What is the biggest struggle about living in Pagosa Springs? Options: (Affordable Housing, Cost of Living, Connecting with Others, Child Care, Good Paying Jobs, Quality Mental Health Options)
- What type of assistance are you currently receiving? Options (Family support financially, medicaid, SNAP benefits, WIC, Nurse Family Partnership, None)

#### **Possible Information this Committee May want to look into**

**Demographics** (unless there is some legal contradiction to asking them)

- ·Age
- ·Sex
- ·Ethnic background
- Preferred language for conversations
- Educational level
- Annual income (ranges)

**Additional questions (background)**

**Health insurance questions**

- Do you have health insurance? Y or N
  - If yes, is it through Medicare or Medicaid?
  - is the insurance you have readily accepted by health care establishments in Archuleta Co?

- o Is the insurance adequate to meet your needs?
- o is your family also covered under this policy?
- o Do you have problems understanding insurance and need help to figure out what you have?
- Does your insurance cover:
  - o Dental care including preventive cleaning?
  - o Mental health care such as talk therapy for mental health issues or crisis support or treatment for substance use or addiction?
  - o Preventive care such as Pap smears, mammograms, and lab work, such as a cholesterol screen or a PSA for men?

### Options to in-person visits

Health care providers in Pagosa Springs have the option of providing certain services via computer called telehealth or tele-visits. Your ability to participate in such a service is important to planning healthcare services. Information that would be helpful for us to know about you is:

- o Do you have reliable Internet service where you live in Archuleta County?
- o Do you own a computer or have the ability to connect via FaceTime on your phone to avoid driving long distances for care?

### Useful questions – not on the list or worded differently

- How important is it to you that someone is able to speak to you in your native language?
- If you felt depressed, anxious, or having problems with drugs or alcohol and realized you couldn't handle it by yourself, who or what organization in Archuleta county would you turn to?
  - o Family member
  - o Find a way to deal with it myself.
  - o Names of appropriate organizations
  - o My primary care provider to help me figure out who to see
  - o Don't know
- If you thought you had a sexually transmitted disease, which of the following agencies are you aware of that can test you for the problem? [List options in AC]
- If you go to a primary care provider to seek care for any problem, do they offer advice on:
  - o how you can treat the problem in the future using home remedies? Y/N
  - o how to avoid having the problem in the first place? Y/N
  - o general information on how to improve your health? Y/N
- How important is it for services to be free or based on a sliding scale before you consider using them?
- How important is it for you to be able to visit the agency's website to learn the cost of services before you decide to visit an agency?
- After being discharged from the hospital or after an appointment with a health care provider, have you or a loved one ever needed more care or information because you became sicker and did not know who to turn to? If yes, please explain.
- Sometimes people get sick at home and do not have transportation or a friend to transport them to get help, such as to urgent care, the hospital, or an appointment with a healthcare provider. If this has ever happened to you? If so, what did you do?

Questions relating to public health: Other than asking if people are aware of the various services at the SJBPH, I cannot think of any additional program-questions to ask.

The question is another way of asking about use of the food banks in Archuleta County.

List of food banks	Have you gone to one of the food banks in Archuleta county when you needed food for you or your family?		Select which bank you visited
	Yes	No	
1	2 boxes in each of the rows below to check		One box to check in all rows
2			
3			

**Available state and federal data**

- Has data been compiled on why these 5 foundational service areas were chosen in CO? Perhaps this is where we start per service area. This probably should have been a part of the individual research the committee members do. That said, I don't know how much data is out there. The state website has not posted up-to-date information that I could find.
- Not having data from SJBPH about the number of clients served by program by month by county is really hard to believe. How can you justify the need for the program to grantors or contractors?